



# CROSS KEYS

ESSENDON

**All meals served at Cross Keys Hotel  
are prepared to order using fresh high quality produce**

***At peak times waits may exceed normal expectation.  
We thank you in advance for your patronage and understanding.***

***Bistro Hours :***

***Monday - Saturday Lunch: 11.30am to 3pm Dinner: 5.30pm to 9.00pm***

***Sunday Lunch: 11.30am to 3pm Dinner: 5.00pm to 8.30pm***

***OPEN 7 DAYS A WEEK, EVERY WEEK!***

# BISTRO MENU

**Vegetarian: v**

**Gluten Free:** Menu enclosed

**Disclaimer:** Menu items may contain traces of nuts

## ENTRÉE

**Garlic Bread v** 8

**Garlic Bread with Cheese v** 9

**Tomato and Basil Bruschetta v** 13  
Tomato, red onion, basil, extra virgin oil, balsamic glaze and parmesan

Oysters	EACH	½DOZ	DOZ
Natural	3.5	20	32
Kilpatrick	4	22	34

**Vegetarian Spring Rolls v** 12  
With dipping sauce and fresh herbs

**Five Spice Calamari** 14  
With side salad and wasabi mayonnaise

**Charcuterie Board (for two)** 24  
Selection of cold cuts, dips, pickles and crispbread

## SIDES v

**Creamy Mashed Potato** 10

**Garden Salad** 10

**Bowl of Fries** 10  
With tomato sauce and aioli

**Seasoned Potato Wedges** 11  
With sweet chili sauce and sour cream

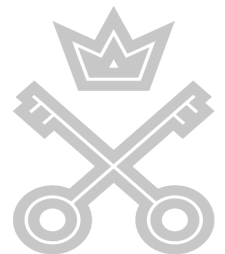
**Seasonal Vegetables** 12

## SALADS

**Traditional Caesar Salad v** 22  
Cos lettuce, croutons, bacon, poached egg, anchovies and fresh parmesan with house made Caesar dressing  
**Add Grilled Chicken Tenderloins** 6

**BBQ Prawn Salad** 26  
Cos lettuce, red onion, cherry tomato, avocado, and capsicum, dressed with spiced mango dressing

**Crunchy Broccoli Salad** 25  
Dried fruits, toasted almonds, pine nuts, pomegranate, Toasted coconut with sesame dressing



# BISTRO MENU

## PANS

**Nasi Goreng V** 23  
Indonesian style fried rice served with fried egg and prawn crackers

**Add Chicken** 6

**Roasted Butternut Pumpkin Risotto V** 25  
Roasted pumpkin, pine nuts, green peas and spinach, served with fresh parmesan

**Penne Vegetarian V** 25  
Roasted vegetables, tomato and basil sugo, spinach, served with fresh parmesan cheese

**Spaghetti Bolognese** 25  
House made Ragu Bolognese topped with fresh parmesan cheese

**Lasagna** 25  
Classic beef lasagna layered with rich meat sauce and cheese, served with salad.

**Chicken and Mushroom Risotto** 26  
Chicken, mushrooms, asparagus, spinach, Spring onion and peas, served with fresh parmesan

**Lamb Ragu Pappardelle** 27  
Slow braised shoulder of lamb, tomato, chilli, peas And pecorino romano

**Prawn Linguine** 27  
Tiger prawns cooked with garlic, chili, extra virgin olive oil and tomatoes, served with fresh parmesan

## SEAFOOD

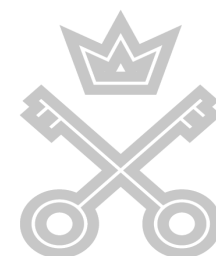
**Cider Steamed Mussels** 24  
With pancetta, chilli, and garlic, served With charred pita

**Five Spice Calamari** 25  
Served with fries, house salad, and wasabi mayonnaise

**Flathead Tails** 25  
Beer battered flathead tails, served with fries, house salad and tartare sauce

**Fresh Fish of the Day** 25  
Ask our friendly staff

**Grilled Seafood Platter (for two)** 49  
Grilled fish, squid, king prawns, octopus tentacles, and mussels, served with house salad and dipping sauce



# BISTRO MENU

## MAINS

<b>Bangers and Mash</b> Pork and fennel sausages, creamy mash, peas, and caramelized onion gravy	<b>24</b>
<b>Chicken Schnitzel</b> House crumbed breast fillet served with fries and house salad	<b>24</b>
<b>The Keys Veggie Burger v</b> Beetroot and goat cheese patty, charred eggplant, lettuce, avocado, and tasty cheese, served with fries	<b>24</b>
<b>Chicken Parmigiana</b> House crumbed breast fillet topped with Napoli sauce, leg ham, and cheese served with fries and house salad	<b>25</b>
<b>The Keys Beef Burger</b> 170gm brisket patty, beetroot relish, pickle, lettuce, tomato, and cheddar cheese, served with fries	<b>25</b>
	<b>Add Egg 1</b>
	<b>Add Bacon 3</b>
<b>Southern Style Chicken Burger</b> Crispy chicken tenderloins, pickles, coleslaw and chipotle mayo, served with fries	<b>25</b>
<b>Aussie Parmigiana</b> House crumbed breast fillet topped with bacon, cheese and BBQ sauce, served with fries and house salad	<b>26</b>
<b>Roast of the Day</b> Freshly cooked daily, served with potato, seasonal Vegetables and gravy	<b>26</b>

## STEAKS

<b>350gm Scotch Fillet</b> <b>120 Days Grain Fed 1000 Guineas Shorthorn</b>	<b>35</b>
<b>300gm Porterhouse</b> <b>120 Days Grain Fed 1000 Guineas Shorthorn</b>	<b>36</b>

*All of our steaks are flame grilled,  
cooked to your liking, served with  
fries and house salad, or vegetables,  
And a choice of sauce*

### Sauce Options for Steaks

Gravy, Red Wine Jus, Mushroom Sauce,  
Peppercorn Sauce, Garlic Butter, Blue Cheese Butter

### Additional Extras

**Fried Egg 3**  
**Bacon 4**



# KIDS MENU

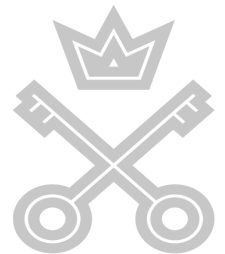
(Children up to 12 years old)

<b>Chicken Nuggets</b> Served with fries	<b>8</b>
<b>Roasted Pumpkin Risotto</b> Served with fresh parmesan	<b>10</b>
<b>Panko Crumbed Calamari Rings</b> Served with fries	<b>10</b>
<b>Fish and Chips</b> Battered flathead tail served with fries	<b>10</b>
<b>Spaghetti or Penne Bolognese</b> House made traditional Bolognese	<b>10</b>
<b>Chicken Schnitzel</b> Served with fries	<b>10</b>
<b>Chicken Parmigiana</b> Served with fries	<b>10</b>
<b>Cheese Burger</b> Beef patty, cheddar cheese, tomato sauce, pickles, and fries.	<b>12</b>

**KIDS COMBO     \$12**  
One Kids main Meal  
Plus One Drink (200ml Glass ),  
Plus One Kids Dessert  
(Frog in a Pond or Ice Cream)

# DESSERTS

Please see our Display Board



# SENIORS MENU

## 1 Course

17.95

## ENTREE

## 2 Courses

Choice of Entrée and Main or Main and Dessert

19.95

Garlic Bread

Spring Rolls

## MAINS

### Fresh Daily Roast of the Day

Freshly cooked daily, served with steamed vegetables, potato and gravy

### Senior's Steak

200gm scotch fillet served with chips and salad

### Crumbed Lamb Cutlets

Served with creamy mash potato and steamed vegetables

### Lambs Fry & Bacon

Served with creamy mash potato and steamed vegetables

### Fish and Chips

Beer battered flathead tail, served with chips, salad and tartare sauce

### Spiced Calamari

Seasoned with lemon pepper, served with fries and house salad

### House Crumbed Chicken Parmigiana

Served with chips and salad

### Roasted Pumpkin Risotto v

Butternut pumpkin, pine nuts, peas and spinach, served with fresh parmesan

### Chicken & Mushroom Risotto

Chicken, mushrooms, asparagus, peas and spinach, served with fresh parmesan

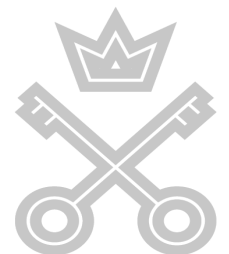
## DESSERT

Bread and Butter Pudding

Pavlova

Sticky Date Pudding

Apple Strudel



# GLUTEN FREE MENU

Please inform out friendly staff  
when ordering from the gluten free menu

**Traditional Caesar Salad (without croutons)** 22  
Cos lettuce, bacon, poached egg, anchovies and  
parmesan, dressed with house made Caesar dressing  
**Add Chicken** 6

**Nasi Goreng v** 22  
Indonesian style fried rice served with fried egg and  
prawn crackers  
**Add Chicken** 6

**Roasted Butternut Pumpkin Risotto V** 25  
Roasted pumpkin, pine nuts, green peas and spinach,  
served with fresh parmesan

**BBQ Prawn Salad** 26  
Cos lettuce, red onion, cherry tomato, avocado, and  
capsicum, dressed with spiced mango dressing

**Chicken and Mushroom Risotto** 26  
Chicken, mushrooms, asparagus, spinach,  
Spring onion and peas, served with fresh parmesan

**Roast of the Day** 26  
Freshly cooked daily, served with potato, seasonal  
Vegetables and gravy

**Fresh Fish of the Day** 25  
Ask our friendly staff

**Cider Steamed Mussels** 24  
Seasoned with pancetta, chilli, and garlic

## STEAKS

**350gm Scotch Fillet** 35  
**120 Days Grain Fed 1000 Guineas Shorthorn**

**300gm Porterhouse** 36  
**120 Days Grain Fed 1000 Guineas Shorthorn**

*All of our steaks are flame grilled,  
cooked to your liking, served with  
fries and house salad, or vegetables,  
And a choice of sauce*

### Sauce Options for Steaks

Gravy, Red Wine Jus, Mushroom Sauce,  
Peppercorn Sauce, Garlic Butter, Blue Cheese Butter

### Additional Extras

**Fried Egg** 3

**Bacon** 4

